



## DISCLAIMER

The Asociación Mar a Mar provides information on its website about the communities, lodgings, restaurants, tours and general information about what can be found along the hike known as “El Camino de Costa Rica.” This approximately 280- kilometer hike extends from the Atlantic to the Pacific and traverses 23 different communities. It passes through jungles, farmland, rivers, mountains and indigenous territories, and is composed of highways, secondary roads, and trails of all types, including some muddy, difficult ones that are not marked with signage.

For this reason, Asociación Mar a Mar highly recommends undertaking this tour with an experienced trail guide. In the case of the indigenous territories, it is a prerequisite to go with a local guide.

It is the responsibility of the users of our website to learn the necessary skills for safe hiking. All participants must assume responsibility for their own actions and safety, and exercise sound judgement, be prepared for all conditions and seek advice on current weather and trail conditions. Climactic conditions change from day to day and the conditions of the trails may become extremely slippery, particularly during Costa Rica’s rainy season, which varies from one geographic region to another. Due to climactic or man-made changes, information on our website may change without advance warning.

The Asociación Mar a Mar website aims to provide the most precise and updated information about El Camino de Costa Rica as possible; however, users of our website cannot hold Asociación Mar a Mar responsible for any accidents, injuries, loss or death sustained by anyone using the information from our website. Those who use this information, and those who venture onto trails or into the wilderness, do so entirely at their own risk. You are solely responsible for using your judgement and interpreting and using this information to safely enjoy your outdoor activities.

Our website is not intended to be a guide but rather a site providing general information; it is available so that you may have a general idea of what to expect on the hikes listed on this site. We take no responsibility nor assume liability for inaccuracies, errors, omissions, or incompleteness of any information. Its sponsors, advertisers and/or anyone contributing information to this site shall not be held liable for any inconveniences, accidents, rescues, injuries or death should you undertake any of the hikes listed on this website.

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